

WHS Track and Field Records (as of 7/6/2015)

1. 100 M Dash

Girls - Jamaica Alston	12.50	2012
Boys - Eric Sparkman	10.68	2008

2. 200M Dash

Girls - Tyasia Edwards	26.26	2015
Boys - JJ Sherman	21.97	2015

3. 400 M Dash

Girls - Thomasena Smith	58.70	2007
Boys - JJ Sherman	48.03	2015

4. 800 M Dash

Girls - Grace Barnett	2:16.83	2013
Boys - Grant Smith	2:02.98	2014

5. 1,600 M Dash

Girls - Grace Barnett	5:07.95	2013
Boys - Robert Jones	4:35.29	2013

6. 3,200 M Dash

Girls - Grace Barnett	11:40.00	2013
Boys - Robert Jones	10:50.00	2013

7. 100-110 M Hurdles

Girls - Deliah Arrington	14:70	1999
Boys - James Tisdale	15:18	2007

8. 400 M Hurdles

Girls - Briley Arnold	1:03.96	2015
Boys - James Tisdale	56.91	2007

9. Long Jump

Girls - Deliah Arrington	17' 8"	1999
Boys - J.J. Sherman	22' 1"	2015

10. Triple Jump

Girls - Thomasena Smith	36' 08.5"	2006
Boys - Jarvis Tisdale	43' 4"	2007

11. 400 M Relay

Girls - Tyasia Edwards	51.12	2015
Brianna Brooks		
Jazmyn Torrance		
Alexis Grove		
Boys - Dorian Smalls	44.26	2008
Akeem Point		
Jarvis Tisdale		
Eric Sparkman		

12. 1,600 M Relay

Girls - Jaz Torrance	4:10.19	2012
Kristina Chandler		

	Jamaica Alston Brianna Brooks		
Boys -	Jakeem Armstrong Darnell Dadd William Daniels Jackson Junkins	3:33.95	2015
13. <u>3,200 M Relay</u>			
Girls -	Mackenzie Arnold Kristina Chandler Amelia Jones Grace Barnett	9:59.07	2012
Boys -	Tierell Nesbitt JJ Sherman Parker Cromley Tyler Batton	9:00.74	2010
14. <u>High Jump</u>			
Girls -	Thomasena Smith	5' 0"	2005
Boys -	Eric Sparkman	6' 4"	2008
15. <u>Shot Put</u>			
Girls -	Valencia Syndab	33' 09"	2012
Boys -	Brett Green	53' 06"	1999
16. <u>Discus</u>			
Girls -	Shantelle Patterson	92' 06"	2007
Boys -	Brett Green	158' 02"	1999
17. <u>Pole Vault</u>			
Girls -	Alex Hight	6' 0"	2014
Boys -	Jackson Junkins	11' 6"	2015
18. <u>5K - Cross Country</u>			
Girls -	Amelia Jones	18:53.00	2014
Boys -	Robert Jones	16:08.50	2013